

Climate Reality Community Workshop Resources and Tips

Authors: Sarah Rickard, John Knox and Peter Hormann



General Topic	Relevant Links
1 Energy efficiency	<ul style="list-style-type: none"> > Discover all Your Energy Savings Opportunities around your household via "Your Energy Savings" or "Positive Charge" websites: http://youenergysavings.gov.au http://www.positivecharge.com.au/ > Make use of Victorian State Government incentives to install energy saving light bulbs and other appliances: http://switchon.vic.gov.au/more-ways-to-save/energy-saver-incentive > Borrow a "Home Environment Kit" from a Moonee Valley library to measure home device energy and identify where your home is losing or gaining heat: http://www.mvcc.vic.gov.au/for-residents/environment-programs/my-home/home-environment-kit.aspx
2 Renewable energy	<ul style="list-style-type: none"> > Review the GreenPeace "Green Electricity Guide". Where does your energy provider stand? Consider switching to a company that provides and advocates for more renewable energy. http://greenelectricityguide.org.au/ > Switch to "100% GreenPower" - a quick and easy win, telephone your electricity provider and make the change - read more: http://www.greenpower.gov.au/Homes/Find-a-Provider/ > Join your local council "Solar Bulk Buy" program - read more: http://envirogroup.com.au/projects/eco-home-makeover-program-2012-current/
3 Alternatives to the car	<ul style="list-style-type: none"> > Visit the "Bicycle Network" website for tips on getting started on your bike, local maps and other support: https://www.bicyclenetwork.com.au/general/resources-and-advice/ > Visit Public Transport Victoria (PTV) to plan your multimodal journey and/or install their great smartphone app: https://www.ptv.vic.gov.au/journey > Reduce your household cars to 1 or even zero, but making use of a local carshare schemes such as - Goget, Flexicar, Greensharecar: https://www.goget.com.au/find-cars/?address_target=melbourne http://www.greensharecar.com.au/ http://flexicar.com.au
4 Reducing waste	<ul style="list-style-type: none"> > Visit the Vic Gov "Love Food, Hate Waste" website: http://www.lovefoodhatewaste.vic.gov.au/ > Get waste and recycling reminders by installing the "SustainMe" app on your smartphone: http://www.sustainme.com.au/ > Learn more about recycling via the Moonee Valley City Council recycling website: http://www.mvcc.vic.gov.au/for-residents/waste-and-recycling/recycling-information.aspx > Use tap water, not bottled water - visit and install the Choose Tap website and application – see: http://www.yvw.com.au/Home/Inyourcommunity/ChooseTap/index.htm
5 Water efficiency	<ul style="list-style-type: none"> > Visit the "Tankulator" website to calculate your rainwater harvesting needs: http://www.mvcc.vic.gov.au/for-residents/environment-programs/my-home/tankulator.aspx > Arrange a free "Showerhead Exchange" via the Moonee Valley City Council: http://www.mvcc.vic.gov.au/for-residents/environment-programs/my-home/free-showerhead-exchange.aspx
6 Growing your own vegetables and gardening	<ul style="list-style-type: none"> > Visit the "My Smart Garden" website - a great resource about growing your own food, using water wisely and creating a garden friendly to local wildlife: http://www.mysmartgarden.org.au/ > Join a community garden programme - eg. Sustainable Gardening Australia http://www.sgaonline.org.au/community/community-gardens/
7 Reduce food miles, more fresh sustainable food sources	<ul style="list-style-type: none"> > Regularly visit your local Farmer's Market (or any of Melbourne's other great local markets): http://www.vicfarmersmarkets.org.au > Buy fruits and vegetables that are in season in Melbourne and Victoria - visit the Seasonal Food Guide website: http://seasonalfoodguide.com/ > Make use of the Ceres box scheme where you can buy a box of fruit and veg and for delivery or collection. This supports local farmers and an organisation that provides training and employment to refugees – see: http://www.ceresfairfood.org.au/ > Say no to Palm Oil. Visit the Zoos Victoria website to find out how this product is destroying orang-utan habitat. http://www.zoo.org.au/zoopermarket

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8 Reducing meat consumption	<ul style="list-style-type: none"> > Get tips from the "Vegetarian and Vegan Eating" website provided by the Vic Gov's Better Health Channel: https://www.betterhealth.vic.gov.au/health/healthyliving/vegetarian-and-vegan-eating > The Australian Marine Conservation society have a printed Sustainable Seafood Guide you can buy or download the free app: http://www.sustainableseafood.org.au/
9 Reducing organic waste	<ul style="list-style-type: none"> > Learn about composting and worm farming from the MySmartGarden website: http://www.mysmartgarden.org.au/en/Resources/Waste/Beginners-guide-to-Compost-and-Worms.aspx > Buy a bokashi bucket to ferment food so that smaller amounts are disposed into the garden - see example at the Enviroshop: http://enviroshop.com.au/shop/bokashi-bucket.html > If you live in an apartment, composting is still possible - see the following resources: http://www.greenlifestylemag.com.au/features/1991/compact-compost http://www.greenstrata.com.au/case/signature-apartments-compost-bin
10 Community collaboration & sharing	<ul style="list-style-type: none"> > Read the book "Collaborative Consumption" or watch the TED talk by Rachel Botsman http://rachelbotsman.com/about-rachel-botsman/ > Find a new home for your old stuff at the next Garage Sale Trail or via FreeCycle.org: https://garagesaletrail.com.au/ https://groups.freecycle.org/group/Melbourne > Swap your books for other books at Melbourne Central's Little Library or Flemington's Tiny Library: http://www.weekendnotes.com/melbourne-central-little-library/ https://www.facebook.com/Flemington-Tiny-Library-529558813795213/
11 Community engagement	<ul style="list-style-type: none"> > Join the Melbourne Environmental & Sustainability Meet-up Group to receive invitations to a multitude of local environmental activities on all sorts of topics: http://www.meetup.com/The-Melbourne-Environmental-Sustainability-Group/ > Join a local environmental group: http://www.mvcc.vic.gov.au/en/Community-Directory/Community-services/Environmental-groups.aspx > Read about your local council's environmental program and get involved: http://www.mvcc.vic.gov.au/about-the-council/environment.aspx http://www.mvcc.vic.gov.au/for-residents/environment-programs.aspx > Become a member of the Australian Conservation Foundation (just \$10 per year): http://www.acfonline.org.au/ > Invite a Climate Reality Project leader to present to your local community group: http://realityhub.climateRealityProject.org/home
12 Responsible Investment	<ul style="list-style-type: none"> > Review how your savings and superannuation is being invested. Are you supporting the fossil fuel industry or other ethically and environmentally challenged organisations? Where does your bank stand in regards to financial support for fossil fuels? See the Market Forces website to find out: http://www.marketforces.org.au/
13 More social engagement	<ul style="list-style-type: none"> > Participate in the social climate in Australia by signing up on the Climate for Change website. Climate for Change is creating stronger action on climate change...one party at a time! http://www.climateforchange.org.au/ > Read the book "Future Minds: How the Digital Age is Changing Our Minds" by Richard Watson: https://books.google.com.au/books?id=70eAvaUnUm4C

To provide feedback and suggestions about this resource and tip sheet contact:
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